

SAVE THE DATE

NOVEMBER 3-9 2024

GIRLS TRIP BANGKOK



ALL-INCLUSIVE

\$2500

ORIGINALLY \$2850

**SAVE \$350 IF YOU
BOOK BEFORE
AUG 31, 2024**

Immerse yourself in a luxurious escape with our exclusive package! Spend **six nights** in a stunning **Premium Deluxe King room**, waking up each morning to a delightful breakfast in the Park Executive Lounge. Enjoy a **daily basket of snacks and drinks** in your room, and indulge in ultimate relaxation with **two one-hour massage vouchers** to use at your leisure. Experience pure bliss with a **3.5-hour Spa Experience** at the enchanting Let's Relax Spa. Savor a **traditional Thai dinner** at the unique Cabbages and Condoms Restaurant, including non-alcoholic drinks. Enjoy a sunset meze-style dinner at the Red Sky Bar, boasting breathtaking 360° views of Bangkok. Executive transfers to and from the airport, along with transportation to all your exciting events.

Join us on Sunday, November 3rd, for an unforgettable adventure!

Please note: flights are not included. Price is in AUD.

www.medimakeovers.com

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MEDICAL TRAVEL GROUP

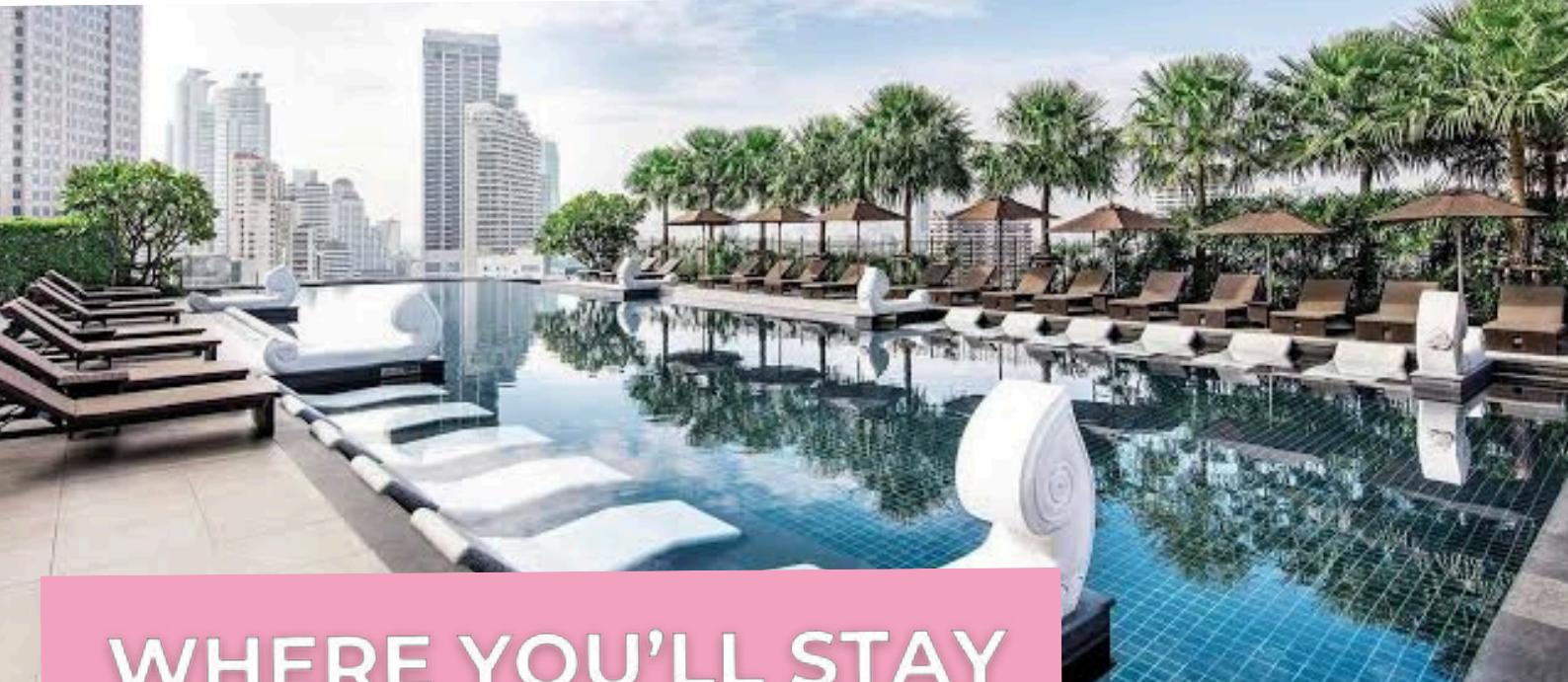


TRIP GUIDE

-
- > Where you'll stay
 - > Day one
 - > Day two
 - > Day three
 - > Day four
 - > Day five
 - > Day six
 - > Important info

“GIRLS’ TRIPS ARE LIKE THERAPY, BUT WITH MORE FUN AND LAUGHTER”

UNWIND IN LUXURY



WHERE YOU'LL STAY

Get ready for a fabulous escape at the Grande Centre Point Terminal 21! This stylish gem in the heart of Bangkok is your perfect girls' trip haven. Connected to the buzzing Terminal 21 mall, you'll have endless shopping and dining at your fingertips. Enjoy stunning city views from your chic room, lounge by the rooftop pool, and indulge in some serious pampering at the spa. With vibrant nightlife and exciting attractions nearby, your stay will be filled with fun, laughter, and unforgettable moments.



- Premium Deluxe King Room with sweeping views of Bangkok
- 5 Star luxury
- Daily basket of snacks and drinks in your room
- Breakfast in the Executive Lounge
- Positioned on top of one of Bangkok's most photographed shopping malls
- Direct access to the SkyTrain



DAY ONE

MONDAY



> BREAKFAST

Meet for breakfast in the Executive Lounge at 8AM.



> INSIDER SHOPPING

At 10 a.m, we'll take the skytrain to the bustling shopping district, with a special visit to Platinum Fashion Mall, the ultimate hotspot for fashionistas and deal-seekers! Dive into a treasure trove of stylish clothing, accessories, and more at irresistible prices. Whether you're revamping your wardrobe or hunting for one-of-a-kind finds, this shopping paradise has it all!



> FREE TIME

After shopping, you'll have free time to relax in your room, go for a swim or read a book - whatever you wish!



> ULTIMATE REJUVENATION

At 6:00 p.m, prepare for an unparalleled Spa Experience, a luxurious 3.5-hour journey of pure indulgence. Beginning with a revitalizing 60-minute body wrap or scrub, followed by a 60-minute Dr. Spiller Pure SkinCare Solutions 10-step facial with a soothing massage. Conclude with a 90-minute aromatic hot stone massage designed to invigorate your skin, face, and deep muscle tissue, leaving you refreshed and renewed. Immerse yourself in this sanctuary of tranquility and rejuvenation for an experience like no other.

TUESDAY

> BREAKFAST



Meet for breakfast in the Executive Lounge at 7AM.

> ONE-STOP BEAUTY SHOP VISIT



Join us in the lobby at 9:00 a.m. for an exciting visit to a premier One-Stop Beauty Shop offering a comprehensive range of treatments. You will have the opportunity to consult with experienced doctors who will explain the various procedures available and help you select from an extensive menu of options. You can even opt for multiple treatments in one day!

Available Treatments:

- **Detox (Colonic):** Highly recommended for a thorough internal cleanse.
- **Dental Services:** Includes check-ups, cleaning and scaling, teeth whitening, and fillings.
- **Facial Lasers:** Choose from over 10 types of lasers after a personalized consultation with a doctor. Recommended for acne scars, melasma, freckles, red pigmentation, and for stimulating collagen production. We recommend the TRINITI treatment for its benefits in smoothing the skin, reducing wrinkles, and enhancing overall skin appearance.
- **Chelation Therapy:** An advanced treatment designed to address heavy metal poisoning, cardiovascular conditions, and improve blood circulation. It may also alleviate symptoms of high blood pressure and chronic fatigue while reducing oxidative stress and inflammation.

Please note that these treatments incur additional costs, which will be paid directly based on your personal selections.

> EVENING UNWIND



After your treatments, we will return to the hotel, where you'll have the option to join the group for dinner (not included) or relax in your room.

DAY THREE

WEDNESDAY



> BREAKFAST

Meet for breakfast in the Executive Lounge at 8AM.



> RETAIL THERAPY

Join us in the lobby at 10:30 a.m. as we set off for the renowned MBK Center, one of Bangkok's must-visit shopping landmarks. This sprawling eight-story mall is a vibrant hub packed with over 2,000 shops and stalls. Whether you're hunting for fashionable clothing, trendy accessories, cutting-edge electronics, or unique souvenirs, MBK Center has it all at fantastic prices. It's especially famous for its affordable mobile phones and gadgets. Get ready for a thrilling shopping spree in this bustling and diverse shopping paradise!



> FREE TIME

After shopping, you'll have free time to relax in your room, go for a swim or read a book - whatever you wish!



> CABBAGES AND CONDOMS

Join us in the lobby at 6:30 p.m. for a memorable dinner with Dr. Teerapat at the renowned Cabbages & Condoms. This unique Thai restaurant not only offers delicious traditional dishes but also supports a meaningful cause. Founded by Mechai Viravaidya, the restaurant combines delightful cuisine with a clever social message about safe sex and family planning. Dr. Teerapat will be available to answer all your questions about plastic surgery. Enjoy a night of great food and enlightening conversation!

THURSDAY



> BREAKFAST

Meet for breakfast in the Executive Lounge at 8AM. Join us in the hotel lobby at 10:30am where you can choose your day! Spend the day exploring some of Bangkok's incredible temples OR shop up a storm at CentralWorld and Siam Paragon.



> TEMPLE TOUR

Exploring Bangkok's temples is a captivating journey into the heart of Thailand's rich cultural and spiritual heritage. Each temple, or wat, offers a unique glimpse into the country's history and artistry, from the awe-inspiring Wat Arun with its intricate porcelain decorations to the revered Wat Phra Kaew, home to the Emerald Buddha. Wander through the serene courtyards of Wat Pho, known for its massive Reclining Buddha, and marvel at the intricate details of Wat Saket, perched atop the Golden Mount. Please note: some temple's require payment upon entry, this is not included.



> SIAM PARAGON AND CENTRALWORLD

Siam Paragon and CentralWorld are two of Bangkok's top shopping destinations. Siam Paragon dazzles with its luxury brands and houses the impressive Sea Life Bangkok Ocean World. Meanwhile, CentralWorld, sprawling across eight floors, offers an eclectic mix of high-end fashion, electronics, home goods, and beauty products, along with exclusive boutiques and flagship stores. Both malls promise a vibrant and diverse shopping adventure!



> SUNSET IN THE SKY

Meet in the hotel lobby at 4:30pm, where we will head to the Grande Centara Hotel to experience the renowned Red Sky Bar, where you can enjoy breathtaking sunset views. Located on the 55th floor of the Centara Grand at CentralWorld, Red Sky offers a spectacular 360° panorama of Bangkok's skyline. This sophisticated rooftop bar and restaurant features a stunning design, an open-air atmosphere, and a vibrant, color-changing arch, creating an exceptional setting for an unforgettable evening. While food is provided, drinks will be at your own expense.

DAY FIVE

FRIDAY



> BREAKFAST

Meet for breakfast in the Executive Lounge at 8AM.



> TIME FOR YOU

Today you'll have ample free time to unwind or explore at your leisure. Whether you choose to relax in the comfort of your luxurious accommodation or venture out to discover the city's vibrant culture and attractions, the choice is yours. You can indulge in serene moments at local cafes, enjoy a leisurely stroll through lush parks, or immerse yourself in Bangkok's bustling markets, temples, and historic sites. Whatever your preference, Bangkok offers an array of experiences to suit every mood and interest.



> NIGHT MARKET MEMORIES

Join us in the lobby at 4:00 p.m. as we head to the lively Asiatique Night Market in Bangkok. This vibrant destination offers an exciting blend of shopping, dining, and entertainment all in one place. Browse through chic boutiques, fashion, jewelry, and handcrafted goods, and savor a diverse array of street food, Thai delicacies, and international cuisines. Asiatique promises a memorable evening filled with fun and excitement!

SATURDAY



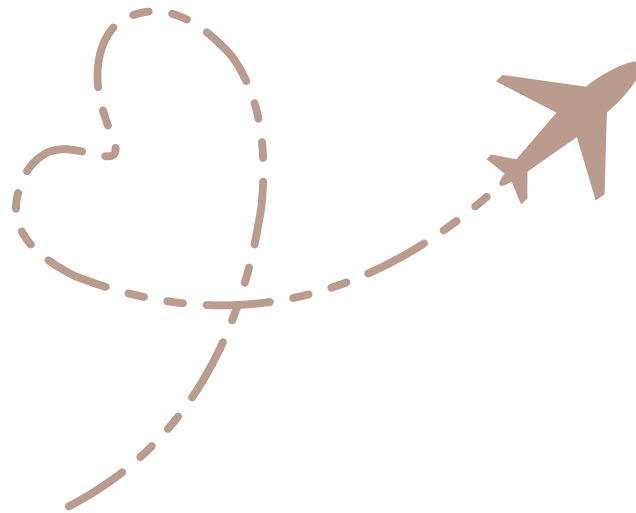
> BREAKFAST

Meet for breakfast in the Executive Lounge at 8AM.



> FOND FAREWELLS

Depending on everyone's flight departure times, we will ensure that the day remains fully organized and enjoyable. For your convenience, we will arrange for a car service to transport all guests to the airport. This will provide a seamless and comfortable transfer, allowing you to relax and enjoy the final moments of your trip.





LIMITED NUMBERS

BE QUICK!

Secure your spot with a \$500 non-refundable deposit and lock in your adventure!
To ensure your place, full balance is required by October 1st, 2024.

Take advantage of our special offer and SAVE:
Normally AUD\$2850, pay ONLY AUD\$2500 if you book by August 31, 2024.

Don't miss out on this exciting opportunity!

Contact us today to secure your spot!



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